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ncds



NATIONAL AGM WEEKEND LLANDUDNO



Martin (Chair) Mally (Secretary)



N.E.C. Harry, Mike, Beryl, David, Mally, Martin, Frank, Pat, Tony and John



*N.C.D.S. Trust members
Mike, Joan, Harry, Cliff, Mally, Martin,
Beryl, Tony, John, George*



*N.C.D.S. Vice Presidents
Maurice, John, Joan, Ken, Cliff*



The outcome of the National AGM weekend in Llandudno where all in attendance had a good time. The photographs show the new N.E.C. committee and Trust committee.

By, that was a cracking joke. I'll explain it to you later Mally.

NEWS

Issue No 72



THE AGM WEEKEND

See Page 3



Halloween Ball

See Page 11

PLUS LOTS MORE INSIDE

Hello everyone!

My thanks to all who attended the AGM weekend in Llandudno, and supported both the Trust dance and the AGM dance. It was so nice to receive so many positive comments and to hear that so many people had a really good time.



Thank you to the membership who re-elected me as your National Secretary for the next twelve months. I look forward to the year ahead working with the members and the NEC and visiting as many branches as I possibly can.

Looking ahead we have the start of the new email newsletter, which is out every month, don't forget to sign up for this and let others know of it too. We have already one new branch in Spalding and I wish them every success. There are other areas that are being looked at, so watch this space.

Congratulations to all who were elected on to the NEC at the AGM.

Yours in friendship

Mally Trail - National Secretary

Chair's Message.

This year's AGM, held at Llandudno, was the first for some time that had actually been organised by the NEC. We were all a little nervous going into the weekend, so it was really nice to receive so many positive comments and to hear that everyone had a really good time.



I was really honoured to be re-elected as Chair for another year. It is very reassuring to know that I have the confidence of the NCDS Membership and that I have done a good job over the last 12 months.

The NEC still has a huge amount of work to do if we are to achieve National prominence and make more potential Members aware of the support we can offer. I know that the advice and support of our President, Denise Robertson, will be invaluable to us in working towards that goal.

However, it will cost a great deal of money; this e-newsletter will help us to raise the funds necessary by letting us sell "e-advertising". So, please, tell as many of your friends as possible about this e-magazine as the more subscribers we have, the more money we can raise from advertising.

Finally, can I thank all of the members of the NEC, old and new, for making the commitment to this Organisation for yet another year. We make a good team and I am looking forward to working with you again.

Martin Benson - Chair

Hello Again!



Yes I am still with you and looking forward to publishing all your info. Keep sending it to me, as the comments I get from lots of people that they like to read and see what goes on within the branches, which also gives these branches ideas to some other things for their members. I had a good time in Llandudno and it was great to meet up with some of you, I now look forward to, and hope for, your support at Bridlington at the end of October for the National Halloween Weekend, which we in Yorkshire are hosting. The spa at Bridlington has been completely rebuilt and will be opening at the end of May, so once again please try and support it.

All the very best to you all.

John Rush (News editor)

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Visit our Website www.ncds.org.uk

ROTHERHAM BRANCH

Rotherham celebrated their 30th Anniversary with a dance held at Rawmarsh Cricket Club with a very good attendance and everyone enjoyed the celebration.

In the photo left to right are Jack Gash (Treasurer), Peter Williams (Committee), Mick Rutherford (Chair), Pat Wilding (Sec.), John Rush, Val Taylor and Valerie Bailey (Y/Region Chair, Vice Chair and Sec.)

Pat Wilding (Sec.)



THE AGM WEEKEND

"PAGE 3 LADIES"

On a day on the Great Orme at Llandudno see what they got up to, while others were at the meeting.



Chris Lloyd - Yardley Phoenix
Kath Lodge - Tamworth Phoenix
Mary Wheeler - Yardley Phoenix
Sue Tipper - Redditch Phoenix

How many years ago was this AGM "J.R."



Dear John
Some photos for the Newsletter.

- 1 Fred Charge 65th birthday party held at the Band of Gold
- 2 Frances Knight 65th birthday party held at the Band of Gold

Congratulations Fred and Frances on your 65th you timed that party right, two for the price of one. Well done. "JR"

A ten-pin bowling competition was held between the Lincoln Phoenix and Loughborough branches. Geoff Tyas, President Midland Region, presented the cup to Fred Charge team captain of Lincoln who beat Loughborough 4-2 games. Members from other clubs came to support the event and a fun evening was had by all. Anyone else want to challenge for the cup?

Yours sincerely
Frances Knight Band of Gold




HULL BRANCH

We had a Medieval night in November which everyone enjoyed. I think everyone looks great. It was a 7 course meal which we had to eat without knives and forks.

Marion - Secretary



It's a good thing Henry VIII is not around, which one of these ladies would he have been chasing? J.R.



Dear J Parnell-Raw

Many thanks for replying so soon to my letter and for the £50 B&Q gift card. It was most kind and generous of the Trust to offer this to me, especially at this time when I am trying so hard to get back on to my feet. In the past, I have found it very difficult to get the help needed from so many generous charities and trusts, which are usually over-committed anyway. Your Trust is the first so far to offer me the help to decorate my new flat and, once this happened, I found that the other trusts which I also applied to soon added their donation. I was never going to ask for the full amount needed from a particular trust, but hoped that £10 here and maybe £20 there collectively would help me to decorate my new home. So, I am doubly grateful for your kind help and support and will keep you informed as to my progress.

Incidentally, another charity (The Retail Trust) to whom I have also been a recipient, helped me to purchase essential items like a fridge, cooker and washing machine. Things which I could never have afforded in my current financial situation. The Trust helps those who have a background in retail (15 years for myself) and may be experiencing difficulties in their life at some time. To top it off, this year was the 175th anniversary of the Retail Trust and I was invited to London to be presented to the Queen as a recipient of the Trust. Coincidentally, it was also the 60th anniversary of the Queen's Patronage of Trust and it was a great honour to meet and speak with the Queen. I am extremely grateful to the Retail Trust and NCDS Trust for supporting me at this particular time in my life. I have my new flat and I am currently studying at college and, thanks to you all, I can finally see a real future ahead of me.

Yours sincerely

Simon



Dear J Parnell-Raw


I am writing on behalf of myself and my client, Ann, to thank you for your kind donation of £50 towards the cost of my client's communication aid. Ann now has the aid.

On behalf of Ann and myself, thank you again for the kind donation.

Yours sincerely

Helen Paterson

Speech and Language Therapist, Suffolk NHS



Dear Sirs

Re: Mr, of St. Helens, Merseyside

Thank you for the grant cheque for £50 regarding the above.

Thank you for your generous contribution.

Yours faithfully

Angela Phipps

Caseworker



Dear Mrs Parnell-Raw

Mr of Edinburgh

Thank you so much for your kind donation of £50 for the above. I know that will be very appreciative of this.

Without your help, we would be unable to help those less fortunate who are working, or have worked, within the Electrical and Electronics industry.

Yours sincerely

Jill S Walker

Regional Welfare Officer

What is the N.C.D.S Trust?

At last we seem to be getting the message across. The N.C.D.S. Trust is a Charity belonging to you, the members of NCDS. Without you, the members, the Trust is nothing. We, the Trustees, just look after the day to day running of the Charity.

The Trust hands out small awards to deserving cases, mostly our own members who may have fallen into financial difficulties. These awards are governed by the urgency of the request and also by the funding available, the latter being the most important.

Since my appeal for funding at last year's A.G.M. a whole new door has been opened, with more branches making regular donations to the Trust. The N.E.C. leading the way with another wonderful donation of £1000.

This year's A.G.M. Trust Dance gave us some idea of what can be done to fund the Trust. St. Helen's Branch took charge of the Tombola, making an amazing £240, along with their donation of £54.50 from the sale of books, etc. and a teddy donated by a St Helen's member, which made £35 at auction. Thanks to our National Chairman, a grand total of £329 from one branch effort. Then the Scunthorpe Branch, which took charge of the raffle, with prizes donated by members and branches Nationwide, making a total of £350.

The soft toy raffle, run by Joan, Jean and George, made another £60 and the cash draw, which is always a winner, made £165. The Trust potty raised another £89 giving us a total of £993.

To top off the evening, we were presented with a donation from Willenhall Branch, of £250 and another cheque for £1000 from the N.E.C.

In total, the Trust benefited £2244 on the night, due to the outstanding efforts of everyone who supported the Trust Dance. Some unfortunate person somewhere will be thankful for your generosity.

From myself, as Trust Chairman, and from Joan, my Secretary, George, my Treasurer, Harry, my Vice-Chair and all the Trustees, may I express our deepest thanks and gratitude for your dedication to the cause.

in friendship
Cliff Glover
Trust Chairm

Dear G.H.W. Raw
Re. Mr K

Thank you very much for the cheque for £50 for the above client.

I would like to thank you again for your continued support.

Yours sincerely

Sue Bywater

Bureau Manager - Ryedale CAB

To Whom it May Concern

Re. Julia and her two daughters, of Bradford.

With reference to our recent application to request a donation to help Julia and her children rebuild their lives.

Your organisation has very generously donated £50. This was greatly received by the family and your kindness has enabled Julia and her daughters to move out of the Women's Aid Refuge and into their new home

Thank you very much.

Yours sincerely

Caroline Cox

Family Support Worker

N.C.D.S GOING OVERSEAS

Due to the good work put in by our Development Officer, Mike, we have a new Branch opening up on Wednesday, 9th July, in St Helier, Jersey, at The Town House, 57 Vuf Street, St Helier JE 3RA. So if you are going on holiday to Jersey, why not make a visit and give them some support.

A new Branch up and running in Spalding at the Tulip Social Club, Halley Stewart Field, Winfrey Avenue, Spalding PE11 1DA on a Friday. So why not pay them a visit also whilst you admire all the lovely flowers in the area.

Also another new branch at Spondon at The Anglers Arms, Nottingham Road, Spondon, Derby DE21 7NN meeting on a Monday night.

"J.R."

Here Comes the 21st Century

Here Comes the 21st Century

This is now the 21st century and more and more people are using the internet to communicate with other people. The new going out is staying in. We need to be a part of this growing form of communication so help us by opting to receive the e-newsletter. This will not affect the distribution of the traditional NCDS News but is an extension of the expansion of the NCDS. So what are you waiting for, log on and start making a difference.



Help make the organisation grow
Log onto the NCDS web site
www.ncds.org.uk

Subscribe to receive the monthly e-newsletter

Why not write an article and contribute to the contents
Send to webmaster@ncds.org.uk

When you subscribe to receive the e-newsletter you will leave your e-mail address with us. We will not pass your details onto any other person or organisation. You can unsubscribe at any time. We can sell advertising and send it out with the e-newsletter this will help raise much needed external revenue. So for no cost to you we can start to raise money for the NCDS.

Mancunian Phoenix

I am sorry to tell the News Magazine that we lost one of our dearest members, Don Gillson, last October. It came as a shock to us all. He was always willing to give any of our lady members a lift, going miles out of his way. His funeral was a sight that I won't forget, black horses pulling the cortege - memorable.

Just recently, our Polish member, Tony Cwiklinski, died of an on-going illness. His family gave him a full Polish service and family funeral. He was a member for 30 years.

God Bless to both RIP

It's lovely to read of the activities of all other clubs. we are rather low at the present. However, we have our regular loyal members, who always enjoy dancing every Thursday - most of whom are now in their 80's.

Best wishes to you all

Pauline

SHEFFIELD BRANCH

Sheffield members on holiday in Egypt, visiting the Valley of Kings. I wonder if anyone found their king. J.R.

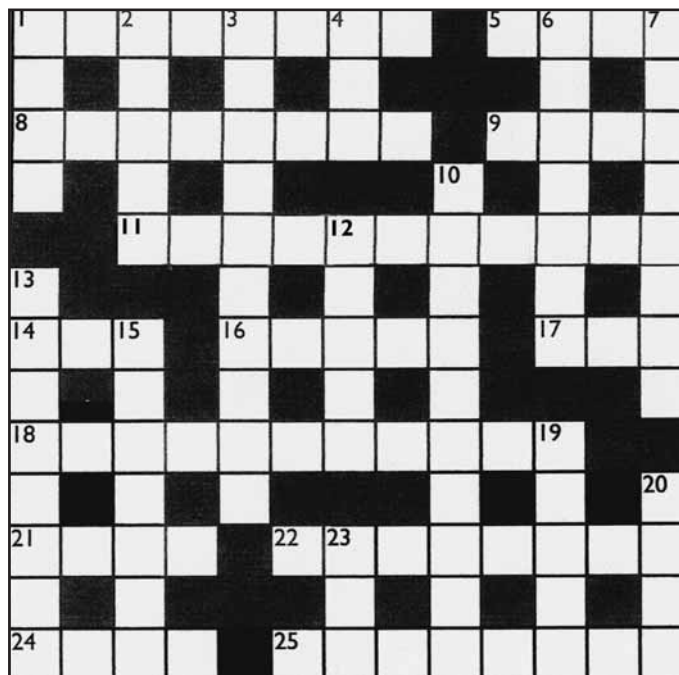


HAVE A GO WITH THE FUN PAGE!

CROSSWORD No. 3

£10 PRIZE TO BE WON!

Entries to be in by end of August



Across

- 1 Genuine (4,4)
- 5 Seaweed (4)
- 8 Capital of South Australia (8)
- 9 Verdi opera (4)
- 11 Great charm (11)
- 14 Bread roll (3)
- 16 Peaked cap (5)
- 17 Spasm (3)
- 18 'wait for no man' (4,3,4)
- 21 Out of true (4)
- 22 Lucky charm (8)
- 24 Bathroom powder (4)
- 25 Confined in a small room (8)

Down

- 1 Male admirer (4)
- 2 Brother's daughter (5)
- 3 Kind of friar (10)
- 4 Counterfeit article (3)
- 6 Clear (7)
- 7 Professional business (8)
- 10 Acts of extreme cruelty (10)
- 12 Grant (5)
- 13 Not material (8)
- 15 Figure (7)
- 19 Ant (5)
- 20 Dine (anag.) (4)
- 23 Piercing tool (3)

ANSWERS No. 2



CROSSWORD No. 2 WINNERS
Alison Swarbrooke - Lincoln Phoenix

BEST CAPTION

£10 PRIZE TO BE WON!

We are looking for the most appropriate caption for our the photo below

ENTRIES TO BE IN BY END OF AUGUST 2008



PREVIOUS CAPTION WINNER

ANNE ELLIS, WILLENHALL BRANCH.

"Never mind Martin, there's a first time for everything!"

NATIONAL HALLOWEEN WEEKEND

Oct 31st - Nov 2nd 2008

HOSTED BY YORKSHIRE REGION At Bridlington Spa

Trust Dance

Friday 31st October

8.00pm - 12.30 am - in the Royal Hall

Mixed Dancing to Dave Homer

Bar - Raffle - Tombola

Tickets £4.50



Halloween Dance

Saturday 1st November

8.00 pm till late - in the Royal Hall

Halloween Fancy dress, which is optional. Cash prize for the best Lady and Gentleman

Mixed dancing to Dave Homer

And a Live Band playing 60's, 70's and 80's

Courtesy of East Yorkshire Events Bureau

Bar - Raffle

Tickets £5.00

Inter Region Meeting

Sun 2nd November 10.30am in the Harbour Suite

Tickets can be obtained from Mr J Rush - 26 Hilary Road, Scunthorpe, North Lincolnshire DN16 3DT

Tel 01724 276258 or 01724 863191 - Mobile 07790 860879

Please note members can book their own accommodation, but John will need to know the name of Hotel or Guesthouse on application for tickets.

LINCOLN PHOENIX

Please find enclosed photos of the latest competition that the LINCOLN PHOENIX held at our Easter Club Night this year. The idea being that instead of the usual Easter Bonnet Competition, we held a Best Decorated Hen's Egg Competition instead. The rules were that it had to be a hen's egg, but you could do what you wanted with it:- fry it, boil it, poach it, scramble it - whatever took your fancy - and then decorate it. As you can see from the photos, there were some good ideas put forward. Mr Philip Randles, one of our musicians who plays for us regularly, judged the efforts. The winner was Mary Crisp and she can be seen here, receiving her typical Easter prize from him.

Yours sincerely

Jack Spencer,
Chairman



WARRINGTON PHOENIX

Here are a couple of photos of our "St Georges Day Dance" at our Venue Eagle Sports Club, Warrington.

Note, the recently decorated and refurbished building blends in well with the red and white theme on the night. The gentleman holding the flag is Raymond Massey, our Honorary President, and one of the original founders of the Club over 27 years ago.

It's good to see someone supporting our "St George's Day".

J.R.



Just to let you know the latest escapade that Lincoln Phoenix members have been up to.

We had a "Tarts and Vicars Night" but the twist was that the men were the "Tarts" and the ladies were the "Vicars". As you can see from the enclosed photo, it was well supported and a good laugh was had by everyone who was there, including the Midland Region personality girl, Sandra.

Jack Spencer, Chairman



I can't make up my mind who is the most handsome or best looking, the tarts or the vicars J.R

WIGAN PHOENIX

Over the last month we have had our St Patrick's Dance. A good do was had by all, with the world famous Wigan Pie satisfying everyone.

Cynthia and Alf won the prizes for the best dressed, and a very good effort it was.



Alf



Cynthia

My mouth is watering for some of that Wigan Pie.
J.R.



Our Easter Dance produced some Bonnets worthy of the title as can be seen from the picture

Can anyone beat Ethel Cunliffe?

Over 25 years as a member and valued committee member, still going strong and running the door at St Wilfred's. A true treasure, the sort of member worthy of national recognition.



Come on NCDS. Award the ones who lead the way
How about a long service award!!

BARNESLEY BRANCH

Barnsley celebrated their 40th birthday on May 12th with a party for the members. A very nice buffet was presented during the evening, which was a great success. All in attendance had a great time and were presented with a gift of a photo frame/clock combined. Some of the members present have been with Barnsley for 20 and 30 years, which has helped to keep the Branch going and shows that N.C.D.S. must be a good thing for making a new social life. "J.R."



1) The Birthday cake



2) The Committee:- Barbara, Peggy, Sandra, John, Hazel, Allan, Geoff and Joan



3) John and Val, Region Chair and Vice Chair, guarding the food.

WORKSOP BRANCH

At our AGM on 21st January 2008 Doreen Sleight, our Chair Lady for the last 11 years, stood down.

In appreciation of her hard work for the Club, it was proposed and unanimously agreed to offer Doreen the position of President of the Branch. which she accepted.

On 18th February a presentation was made to Doreen, of a President's Medal and also a gift of a bracelet, in thanks for her work for the Club.

Left to right:- Alma Storer, Sheelagh Bryan (Treasurer) Steve Wilkes, Maureen Hyde (Secretary) John Smith, Chris Burton (Chair) Chris Whiteley (Vice Chair).

Hoping that you are keeping well. Keep up the good work with the magazine.

Yours, on behalf of Worksop Oakdale Committee

Chris Burton, Chair



LEIGH BRANCH

Romance was in the air at our Valentine Dance on 15th February, when two of our members, Jenny and Peter, announced their engagement.

Congratulations and best wishes to both of them from everyone at Leigh Phoenix.

Kindest Regards

Gloria Entwistle, Publicity Officer



My congratulations also to Jenny and Peter. I see you are still enjoying yourselves at Leigh. Keep it going. J.R.

REDDITCH BRANCH

Les & Sue's Birthday Party held at Redditch Phoenix on Sunday 20th April

Sue
Redditch
Phoenix

Les
Bromsgrove
Phoenix

*Congratulations
Sue & Les
from me. "J.R"*



Skittles Night at Redditch Phoenix



Stacking the skittles



Regulars enjoying the skittles Night
*I thought you were supposed to be playing
skittles "J.R"*

LEIGH BRANCH

On 26th October we held a Halloween Ball. The photos to the right show Frank and Dave in fancy dress. 'When Frank grows up he is going to be a Weir Wolf' and 'the Phantom of the Opera has nothing on our D.J., Dave, who puts us in the spirit'.



I am enclosing two photographs of our New Year Fancy Dress Party, held on 28th December 2007, which was attended by 170 of our members.

The photographs show a group of our members in fancy dress and a group at the end of another perfect night, and the end of another year. Old Langs brings in 2008.

Kindest Regards

Gloria Entwistle, Publicity Officer



I certainly will not be in Leigh on a dark night to bump into these handsome looking creatures! J.R

We held a Charity Dance on 16th November in aid of Leigh Healthy Heart Club and raised £1650. All monies were raised during the last 10 months through various raffles, book sales, knitted novelties and a charity dance. Our chairman, Roger Skinner, and the Committee are shown presenting the cheque to Ken Tootill (2nd left) Chairman of Leigh Healthy Heart Club. The Leigh Committee would like to say a very big thank you to all our members for their generous support.



TAMESIDE BRANCH

Dear John,

I would be grateful if you could print the following letter in the next issue of the News Magazine.

Just writing to say that it is a shame that some of our clubs seem to be going into a decline.

Don't you think that we could in some small way help out by just a simple thing, such as different clubs in the region organising a night out to the ones that are suffering. From our own experience, we know how much we enjoy the Wirral visiting us and that it is reciprocated.

It would show that the members really do care about what is happening to our organisation, for who knows, there but for the grace of God, it could be any one of us.

Regards

Ann Thomas, Secretary

ST HELEN PHOENIX CLUB

St Helen's Phoenix celebrate the opening of their brand new venue with a 26th Anniversary Party Night, with a buffet. Guests for the evening included Regional Chair:- Harry Taylor, Vice Chair:- Anne Cook, Secretary:- Alan Cook, Cliff Glover - National Vice President and Trust Chairman, plus Committee members from other regional clubs.

Two founder members are still on the Committee:- Wendy Hughes and Margaret Birchall. They joined the Committee in 1981 and have dedicated themselves through thick and thin, to the survival of their branch.

Wendy and Margaret were presented with flowers by Harry, as a token of appreciation for their loyalty and devotion.

There are no strangers in N.C.D.S! Just friends you haven't met.

Cliff Glover

National Vice President and Trust Chairman



Harry presents flowers to Wendy & Margaret. 26 years as committee members of St. Helens Phoenix



St. Helens members stepping out on a brand new floor at their new venue

THANK YOU FROM A VICE PRESIDENT

Referring to the 26th anniversary of St. Helens Phoenix. I would like to add my own personal thanks to Wendy and Margaret, who along with a lady called Jean Bebbly welcomed me into the NCDS in the early eighties.

Having suffered the consequences of divorce and all the heartache it brings. I suddenly found myself living again. Within months of joining the St. Helens branch of NCDS, I was opted on to the committee. Shortly after I found myself appointed as Regional Chairman and then on to the N.E.C where I was given the task of News Editor. By this time I had regained the confidence I had lost.

Three years ago I was asked to take over as Chairman of the NCDS Trust a position which I still have and more recently I was awarded a Nat Vice Presidency, I now feel I have achieved my goal.

All this is down to these two ladies, Wendy and Margaret, may you and your club prosper for years to come. You do a fabulous job, keep up the good work.

Gratefully Yours

Cliff Glover

National Vice President and Trust Chairman



That's the way to do it Harry & Ann purchase books and videos at the bring and buy trust book stall at St. Helens



The birthday cake to be remembered

WAKEFIELD BRANCH

"Have a Police Escort"

Once again, we had arrived at the thought of a good club night out. Selflessly, some of the experienced driving members always volunteer to do the honors by getting us to our destination. Now there is such a thing called the wonderful SAT-NAV. Its marvellous help is beyond belief. It can talk and make sure you are going across fields and miles away. Anywhere you want to go. The secret here is the POST CODE. Isn't it wonderful just how no-one remembers that? After the usual excitement, time to get ready, all picked up and the convoy is on it's way.

Then there is the junction when you always get one that goes the wrong way. Sods law or what? After reversing all the way back down the road, the other car is coming back to find out where we are. Our wonderful male navigators are priceless with their advice. Not only do they want the turn of doing the drinking, but they haven't a clue on how to work the SAT-NAV or which direction THE CROW FLIES! Heaven help us.

Almost there now, says one bright spark who has never been to this part of the world before. After all the flashing of lights and signals there is a garage up ahead and they are bound to know where the heck we are. After much conferring,

and speculation, it was decided that good old Malcolm should go and find out. He is the one who will get out of the car and ask a tree where we are. No kidding! I'm not saying he cannot see without his specs and he definitely cannot hear you talking anyway. Heaven help us! So good old Malcolm goes across to the garage and parked up is a police car. In our convoy one of the cars has a light out. So she is panicking she'll get done. Action stations! Everyone goes quiet with bated breath and hope the boys in blue does not notice anything is wrong. We were all so relieved when good old Malcolm came back to the car and told us we were not far away from where we want to be. **The police car was to lead the way.**

After all the excitement we were finally here. We were a little bit late but you know what they say, better late than never! I do not think we have ever had a better night out. I wonder just how many people can say in all honesty, we did have a **police escort**. I do not think we shall ever live it down. So whatever they say about the boys in blue, they came up trumps this time for us. Roll on the next club night out I say! We still have a giggle about it all.

Wyn Shaw Chairlady

WHITEMARE POOL

Eight of us enjoyed a fun day out at our first treasure hunt at the Whitemare Pool branch. We hope that this will be a regular event and more members will join us the next time. We drove along the coast and each vehicle clocked up approx 20 miles. Thanks to John (the gent at the end of the picture) for all his hard work including organising medals for everyone and the trophy and rosette for the winners. Most of us finished off the day by going for Sunday lunch - a good time was had by all.

Best Wishes *Kathleen*
Chairperson



Helen, Ethel, Eddie, Irene, Betty, Kathleen and John

NORTHFIELD BRANCH

We went to Caister in September '07. Northfield does an annual holiday. Recently, we have both half-board chalets or self catering caravans. Normally, we have 20 units but next years is already booked and we have 24 units! Holiday-makers can pay for their holidays gradually from October - August... and we have a coach for those without transport... Or just want to chill and be driven.

Shirley - Secretary Northfield



Taking it easy after a good feed



How long will it take to pedal back to Birmingham?



Surfing



On our way to Caister...38 of us going on hol. 43 of us coming home (we must have had stow-aways)

BROMSGROVE PHOENIX

Lonely hearts couple have a happy ending

Les Hughes and Barbara Haywood from Rubery who tied the knot at Bromsgrove Register Office in September after meeting at a branch of the National Council for Divorced, Separated and Widowed (NCDS).

Two Rubery sweethearts are hoping to encourage lonely hearts in the district to go along to a Bromsgrove based friendship group.

And now they hope to encourage others to spread their wings and make new friends at the group which meet in Catshill every Thursday.

The group allows lonely hearts from across the district to meet up and make new friends and enjoy an active social life with plenty of outings and events such as discos.

And with clubs in Bromsgrove, Redditch and South Birmingham, members can move from group to group to increase their circle of friends.

Each branch has committee members who will do their utmost to help people, welcome new visitors and lend a listening ear as everyone who attends NCDS gatherings has experienced separation or bereavement at some point in their life.

Barbara said "It can be very daunting at first to go out and meet new people. What we offer is a warm welcome and a relaxing environment for people to make new friends".

The couple now play an active role on the committee of the Bromsgrove branch and look forward to welcoming new members.

Anyone wanting more information on the group is urged to call 0121 457 7174.

DUDLEY MEMBERS AT LLANDUDNO



Sheila, Sandra, Shaun, Geoff, Maurice & Jackie

MERCIA REGION DANCES

| | |
|-------------|---|
| June 7th | Lye Open Night with Group U TURN |
| June 16th | Northfield 31st Birthday Dance:- £2.50 Non members:- £5.00 |
| June 19th | Bromsgrove Summer Dance:- £4.00 Barbara:- 0121 457 7174 |
| June 21st | Coventry Midsummer Dance:- £5.00 (includes buffet) |
| July 1st | Tamworth Trip to EMMERDALE |
| July 8th | Sandwell Summer Dance |
| July 22nd | Wolverhampton Schools out Fancy Dress |
| August 30th | Willenhall 25th Birthday Dance Kingfisher Country Club |
| Sept 19th | Lye Open Night with singer, TONY GOLD |
| Sept 30th | Wolverhampton 6th Birthday Dance |

DANCE DATES FOR Y.R. BRANCHES 2008

| | | |
|------------------|---------------------------------|------------------------------------|
| JUNE | 7th | Norton Annual |
| JULY | 5th | Y.Region Summer |
| AUGUST | 2nd | Mexborough Annual |
| | 16th | Darton Summer |
| SEPTEMBER | 6th | Leeds |
| | 27th | Rotherham Annuals |
| OCTOBER | 4th | (40th) Barnsley |
| | 11th | Scunthorpe Annual |
| | 31st October to 2nd November | National Weekend at Bridlington |
| NOVEMBER | 21st | Doncaster Annual |
| | 29th | Sheffield Annual |
| DECEMBER | 6th | Hull Christmas |
| | 13th | Mexborough |
| | 20th | Doncaster Christmas |

MIDLAND REGION DANCE DATES

Midland Provisional List of Dance Dates/Venues for 2008-05-21

| June | | | | October | | | |
|-----------|--|--------------------------------|-----|----------|--|-----------------------------|---|
| 7th | South Notts | Newstead | A | 4th | Staveley Genesis | Staveley Miners Welfare | P |
| 21st | Midland Region Officers | Newstead | | 11th | Nottingham Locksley | Basford Hall Miners Welfare | P |
| 22nd | Mid Reg Quarterly | | | 18th | Midland Region Support | Rainworth Miners Welfare | |
| | 12 Noon | | | | Officers Dance | | |
| 28th | Worksop Oakdale | Newstead | A | 25th | Loughborough Phoenix | Newstead | A |
| July | | | | November | | | |
| 5th | Loughborough Phoenix | Newstead | P | 1st | National Weekend | | |
| 12th | Staveley Tuesday | Newstead | P | 8th | Derby Mosaic | Newstead | A |
| 19th | Nottingham Locksley | Basford Hall Miners Welfare | A | 22nd | Lincoln Phoenix | Newstead | A |
| 26th | Midland Region Fun Night | Newstead | | 23rd | Midland Region | | |
| August | | | | | Quarterly (12 Noon) | Newstead | |
| 2nd | Lady Jane Grey | Underwood Miners Welfare | P | 29th | Mansfield Band of Gold | Newstead | P |
| 9th | South Notts | Newstead | L/E | December | | | |
| 16th | Lincoln Phoenix | Newstead | P | 6th | Midland Region Support Officers Dance | Newstead | P |
| September | | | | 13th | Staveley Tuesday | Newstead | A |
| 6th | Midland Region Buffet Night | Newstead | | 24th | Mansfield Band of Gold | Newstead | |
| 7th | Midland Region Quarterly 12.00 noon | Newstead | | 31st | Lincoln Phoenix | Newstead | |
| 20th | Halfway Crystal Phoenix | Federation House | L/E | | | | |
| 27th | Midland Region Personalities | Newstead | | | | | |

LIST OF BRANCHES LIST OF BRANCHES LIST OF BRANCHES

NORTH ANGLIA REGION

Further information can be obtained from the
Regional Secretary on 01603 852034

WEDNESDAY

Aylsham & Norwich: The Royal British Legion, Aylsham Road, Norwich, NR3 2HF

THURSDAY

Fakenham: Falkland Room, Royal British Legion, Cattle Market St. Fakenham, NR21 9AW

FRIDAY

Toftwood: Conservative Club, Quebec Street, Dereham, NR19 2DJ

EAST ANGLIA REGION

FRIDAY

Spalding: Tulip Social Club, Halley Stewert Field, Winfrey Ave, Spalding PE11 1DA

YORKSHIRE REGION

Further information can be obtained from the
Regional Secretary on 01226 711942

MONDAY

Barnsley: The Silkston, Park Road, Barnsley, S70 1YG

Leeds: The Railwaymens Club, Driver Terrace (Wortley) off Wellington Rd, Leeds, LE12 1EB

Rotherham: Nellie Denes, Chantry Bridge, S60 1RD

Wakefield: East Ardsley, General W.M.C, Thorpe Road, East Ardsley, Wakefield WF1 4BA

TUESDAY

Norton: Norton House, Country Club, Norton Lane, Sheffield, S8 8HD

Scunthorpe: R.A.O.B. Bottesford Rd, Ashby, Scunthorpe DN16 3HF

WEDNESDAY

Darton Phoenix: The Travellers, Intake Lane, Pogmore

Hull: Merchant Navy Club, Ferensway, Hull, HU2 8HY

Sheffield: Farm Road Sports & Social Club, Farm Road, Sheffield, S2 2TP

THURSDAY

Doncaster: The Catholic Club, Waterdale, Doncaster, DN1 3DY

Mexborough: Miners Welfare, Athletic Club, New Oxford Rd, Mexborough, S64 0JL

MERCIA REGION

Further information can be obtained from the
Regional Secretary on 0121 357 1312

MONDAY

Northfield: Rover Social Club, Longbridge Lane, Longbridge, Birmingham, B31 2SF

TUESDAY

Sandwell: The Oak Dale Social Club, Oak Lane, West Bromich, B70 8PR

WEDNESDAY

Great Barr: Contact 01213 571312 for information.

Lye: British Legion, School Drive, Amblecote, Stourbridge, DY8 4DQ

THURSDAY

Tamworth: Progressive Club, Halford Street, Tamworth. B79 7RD

Bromsgrove: The Crown Pub, Stoer Bridge Road. Catshill, Bromsgrove B61 9LE

Willenhall: Shepwell Green Social Club, Bilston Lane, Willenhall, WV13 2QF

SUNDAY

Redditch: The Mettis Aerospace (H.D.A) Sports & Social Club, Cherry Tree Walk, Batchley, Redditch, B97 6PB

Dudley: Tel 0121 5310383 for details

Yardley: Ivy Leaf, 2296 Coventry Road, Sheldon, Birmingham B26 3JR.

MIDLAND REGION

Further information can be obtained on Telephone 07041 478120.

MONDAY

Loughborough: Garendon Social Club, Thorpe Hill, Loughborough, LE11 4SQ

Worksop Oakdale: The Stanley Street Sports & Social Club, Stanley Street, Worksop S81 7HX

Spondon: The Anglers Arms, Nottingham Road, Spondon, Derby, DE21 7NN

TUESDAY

Nottingham Locksley: Basford Miners Welfare, Bagnall Road, Cinderhill, Nottingham, NG8 6AU

Staveley Tuesday: Staveley Miners Welfare, Staveley, Nr Chesterfield.

WEDNESDAY

Derby Mosaic: The Moon, Station Road, Spondon, Derby

Lincoln Phoenix: The Naval Club, Coulson Road, Lincoln, LN6 7BG

THURSDAY

South Notts: Federation House, Claremont Road, Nottingham, NG5 1BB

Halfway 'Crystal Phoenix': The Three Cranes, Queen Street, Sheffield

Charnwood Phoenix: The Brush Social Club, Fennel Street, Loughborough, LE11 1UQ

Staveley Genesis: Troughlee Club Troughbrook Road, Hollingwood, Staveley, S43 2JP

FRIDAY

Mansfield 'Band of Gold': Lakeside Leisure, Pleasley, Mansfield, Notts.

SUNDAY

Lady Jane Grey: The Linford, Main Street, New town, Linford, Leicester, LE6 0AD

NORTH WEST REGION

Further information can be obtained from the
Regional Secretary on 0161 652 2649

TUESDAY

Blackpool: Co-op S&S Club, Preston New Road, Blackpool, FY4 4RE

Longsight: Longsight Sports & Social Club, Gorton, Kirkmanshulme Lane, Belle View, Manchester, M12 4NQ

Warrington: Eagle Sports Club, Thornton Road, Penketh, WA5 2SZ

WEDNESDAY

St. Helens: Haydock Conservative Club, 3 Bellerophon Way, Haydock St. Helens WA11 0GT

Wirral: Ex. Civil Defence Club, Grace Str. New Ferry, CH62 5BB

THURSDAY

Manchester: The Trafford Ex Service Club, Talbot Road, Old Trafford, Manchester

Northwich: The Gladstone Club, Station Road, Northwich, Cheshire, CW9 5RB

Tameside: The Denton Labour Club, Ashton Road, Denton, M34 3JF

FRIDAY

Leigh Branch: 1st Friday of each month, Formby Hall, Alder Street, Atherton. Other Fridays Miners Welfare Inst, Kirby Road, Off Twist Lane, Leigh, WN7 4EF

SATURDAY

Wigan: St. Wilfreds Parish Hall, Church Str, Standish, Wigan, WN6 0JT.

SUNDAY

Bruce: Alford S&S Club, Manchester Road, Warrington, WA1 3NJ

LONDON & HOME COUNTIES REGION

Further information can be obtained from the
Regional Secretary on 020 8668 9224

WEDNESDAY

Croydon: St Mary's Church Hall, Wellesley Road, Croydon, CR0 2AR

North West London: The Shakespeare Hall, Edgware Constitutional Club, 49/51 Manor Park Crescent, Edgware, HA8 7LY

CHANNEL ISLANDS

St. Helier Jersey: The Town House, 57 Vuf Street, St. Helier, Jersey, JE 3RA

NON-REGIONAL BRANCHES

Further information can be obtained from the regional liaison officer on 01159 306593

TUESDAY

Aireborough: The White Swan, High Street, Yeadon, Leeds, LS19 7TA

Coventry: The Railway Private Members Club, 91 Spon End, Coventry CV1 3HF

Sutton Coldfield: St Thomas Social Club, Station Road, Erdington, Birmingham, B23 6JL

Wolverhampton: The Windsor Club, Cannock Road, Corner of Woden Road, Wolverhampton, WV10 7JP

Lowestoft: Blue Notes, Claremont Pier, Lowestoft, NR33 0BS

Merthyr Tydfil: (2nd & 4th Tuesdays of each month) Cefn Coed Workmens Club, Pontycapel Road, Cefn Coed, Merthyr Tydfil.

WEDNESDAY

Belfast: 8/10 Dundela Avenue, Belfast.

Leicester: O'Neill's, 18 Loseby Lane, Leicester, LE1 5DR

THURSDAY

Fareham: Hill Park Working Mens Club, Highlands Road, Fareham, PO13 0AS

FRIDAY

Tunbridge Wells: Majori, Finzi Room, Hildenborough Village Hall, Riding Lane, Hildenborough, Kent, TN11 9HY

SUNDAY

Preston: School Lane Working Men's Club, St. Aidan's Rd, Bamber Bridge, PR5 6GD

NORTH EAST

Further information can be obtained on Telephone 07768 137664

TUESDAY

Whitemare Pool: The Lakeside Inn, East Fellgate Farm, Wardley, Gateshead, NE10 8YD

PLEASE NOTE CHANGE OF VENUES:

Wirral, Wigan, St Helens, Bromsgrove, Wakefield

NEW BRANCH: Spalding, St. Helier-Jersey, Spondon

Branch details were correct as notified when published. Please inform Mally Trail, the National Secretary, of any changes on 07041 478120

Designed and produced by



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